### JUNIOR HANDBOOK

## Junior Handbook 2024/25

# 1. Junior Program Aims and Objectives

The aim of the MAAC Junior Program is to:

- Develop surf awareness and increase confidence and skills in beach related activities;
- (ii) Encourage enjoyable and healthy participation;
- (iii) Promote a positive environment;
- (iv) Instil and reinforce Sun Smart philosophies;
- (v) Encourage members to pursue fishing competitions and awards.
- (vi) Teach Juniors environmental issues and solutions associated with the Ocean.

The age for participation in the Junior Program shall be determined by the General Committee and shall be calculated as at 30 September each year.

MAAC Juniors is a voluntary organisation, with the growing number of participants in our program we cannot operate effectively without the assistance of parents each week. To allow your child to be part of the MAAC Junior program two (2) parents of Junior Members will be expected to be on duty on the Sunday nominated to assist with the running program.

There will be a roster and you will be notified each week. Please sign in with the coordinator on arrival and Hi Vis vest will be supplied. The duties include cooking the barbecue, ensuring all participants have signed in, monitoring juniors in the club area and encouraging the juniors to pack up the room including the water activity equipment

## 2. General Information

Time:

Start at 8.30am. The siren is blown at 11.00am for clean-up/pack Away. Juniors finished at 11.30 with a BBQ for the kids, with doors closing at 12pm.

What to Bring:

We endorse Sun Smart recommendations and therefore juniors without adequate sun protection may not be permitted to participate in Club activities

- (i) Rash vest;
- (ii) Broad brimmed hat;
- (iii) MAAC juniors shirt;
- (iv) Sunscreen;
- (v) Water bottle;
- (vi) Towel; and

(vii)Warm Clothing (weather dependent).

What not to bring – Electronics, phones.

REMEMBER CLUB POLICY – No Parent/Guardian, No Sunscreen, No Drink Bottle, No Hat – NO PARTICIPATION.

# Jewellery and Valuables

Due to safety and potential losses, rings, watches, necklaces, bracelets (except Medic Alert bracelets) should be removed prior to activities. The nature of Club activities may result in belongings being left unattended. Any valuables including jewellery, wallets and mobile phones should be left at home or given to parents before activities commence. The Club is not responsible for lost valuables or damage to property.

#### Club Showers

It is requested that juniors use the outdoor shower to remove all sand before entering the Boatshed. All juniors using the indoor showers and change rooms should be accompanied by their parent or guardian.

### Barbecues

At the conclusion of Sunday morning activities, a complimentary BBQ will be provided to each Junior Member. Refreshments and confectionary will be available for purchase. Juniors are to wear their MAAC Club junior shirt to be served.

#### Junior Events

There are a number of junior events planned throughout the season and juniors are strongly encouraged to attend as many as possible. Further information on events will be made available during the season.

### Life Jacket

Regardless of age, all MAAC juniors are required to wear a life jacket when using the kayaks or paddle boards.

The MAAC is supported by Trigg Island Surf Lifesaving Club and each Sunday that the juniors are at the Club, we have two lifeguards present to ensure our safety on the water.

# 3. Parent Responsibility and Expectations

All juniors must arrive on time and report to the Junior Coordinator. Juniors should not leave the session without notifying the Junior Coordinator. It is compulsory that juniors are accompanied by a responsible adult or guardian at all times. Parents are needed to help with:

- (a) Equipment setting up, pulling down, washing and storing;
- (b) BBQ Lunch set up and clean up.
- (c) First Aid
- (d) Preparing Healthy Snacks

### 4. Junior Activities

Junior activities are scheduled for Sunday morning from 8.30am to 12 midday from November through to March with activities including:

- (a) Kayaking;
- (b) Snorkelling;
- (c) Fishing
- (d) Boogie Boarding/Paddle Boarding
- (e) Table Tennis/Pool.
- (f) Foos ball
- (g) Handball
- (h) Coffee making / Running shop

In addition to regular activities, we run the Bill Kerr Pool Competition, Crab Day at Dawesville and Fishing Competition.

# 5. Junior Awards

Bill Kerr Pool Prize

Male and Female Junior Fisher person – averaged over 12 months

Junior of the year

Water Person of the year

## 6. Junior and Parent Protocol

Juniors and Parents who have queries or concerns should speak to the following persons in order:

- (a) Junior Coordinator;
- (b) Club Manager;
- (c) General Committee Member.

Any queries or concerns not resolved should be committed in writing and sent to the Club Manager – <u>james@maac.com.au</u>

## 7. Junior Code of Conduct

Junior Members must abide by the following Code of Conduct:

- a) Compete by the conditions and rules of the Club;
- b) Never argue with the Junior Coordinators decision;
- c) Control my behaviour;
- d) Listen and obey all instructions;
- e) Be a good sport;
- f) Treat all juniors as I would like to be treated. Not interfere with, bully, harass or take unfair advantage of any junior;
- g) Always act in a responsible manner; and
- h) Most of All Have Fun